

Maternity Services

Mothers-to-be and new moms need nurturing, too.

Let us care for you with one of these safe, comforting services designed with this unique life passage in mind.

Free Your Mind | 50 min.

We pull out all the stops to ease you of the stresses associated with pregnancy. A cooling Mama Mio eye compress combined with calming pulse-point Gravidia therapy initiates the relaxation. Gentle face and head massage then releases cranial and jaw tension. Your treatment concludes with a deep, relaxing neck and shoulder massage. You'll feel so much better!

Mellow Mama Maternity Massage | 50 min.

A complete body massage using specific techniques to increase circulation, alleviate tired muscles and reduce water retention. Retreat into a wonderful treatment that gives mama a chance to truly relax and dream of baby.

Mommy-to-Be Facial | 50 min.

From the June Jacobs Skincare line, a delightfully pampering facial designed just for 'Mommies to Be.' Subtle, safe fruit essences and calming ingredients care for your skin in all the ways expectant mommies need. This treatment includes cleansing, gentle exfoliation, steam, light extractions (if needed), toning, and a wonderful calming gel mask customized just for moms. Guaranteed to leave you feeling recharged and ready for your new addition!

4th Trimester Healing Hour | 50 min.

FOR NEW MOTHERS WITHIN FOUR MONTHS OF DELIVERY

Up to four months after delivery, your body still behaves as though it is pregnant. The 4th Trimester Healing Hour is a relaxing top-to-toe massage designed to help realign and restore your body as it naturally adapts and returns to being one person again. This is your healing hour, and you've earned it. The perfect gift from your loved ones – or even from yourself.

Tummy Tone-Up | 50 min.

POST-PREGNANCY

In pregnancy your tummy extends to impressive proportions and can lack skin tone when it shrinks back down. Accelerate the recovery process and zap that crepey skin fast with this advanced "facial" for your tummy. The treatment includes intensive exfoliation and a gentle fruit acid peel followed by a triple application of three special creams to kick-start your transformation, followed by application of a luxurious firming and contouring mask – rich in laminaria and guarana – to the whole torso. The result? A tighter, smoother tum.

Yummy Tummy | 50 min.

This treatment begins with an application of Gravidia Pulse Point Oil and gentle skin brushing to increase circulation, gently exfoliate and improve skin tone. Then a concentrated serum and deep treatment mask will be applied to soothe and moisturize the abdomen. Enjoy a relaxing lower leg and foot massage as the Intensive Tummy Stretch-Ease Serum and mask take effect.

The Smoothie | 80 min.

Rejuvenate your skin and clear your mind in preparation for your pending arrival. Mama Mio Smoothie will exfoliate your skin oh-so-gently (but effectively), then you'll enjoy a moisturizing massage to hydrate and elasticize your skin. A luxurious scalp massage will sweep away stress, leaving you with skin to rival your baby's bottom.

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